European Facial Treatment
Professional Treatment Protocol

This treatment will leave skin feeling refined and refreshed. The enzyme exfoliator denatures proteins of surface dead cells and also enhances vitamin A delivery to tighten and rejuvenate skin. Soothing botanicals nourish and hydrate all skin types.

Interested in an Express Facial? Convert this protocol to an Express European Facial by skipping Step 2: Microdermabrasion Procedure and reducing treatment area to Face and décoletté.

ITEMS YOU WILL NEED:
- 4X4 Non-Woven Gauze Pad
- Cotton Rounds
- Cotton Towel
- Water
- botana-gel cleanser™
- MegaPeel EX System (optional)
- retinyl enzyme treatment
- calm and balance™ therapeutic massage oil
- argan boost serum™
- hydra-repair mask
- eye-radiance K’reme
- green tea vita-E moisturizer™
- daily eclipse® - oil free sunscreen SPF 30

PROCEDURE:

1. Cleansing
   - Apply botana-gel cleanser™ with green tea to the entire face.
   - Massage gently to cleanse and remove makeup.
   - Rinse with water and pat dry.

2. MegaPeel Microdermabrasion Procedure (optional)
   - Dry the skin thoroughly prior to treatment.
   - Make 2 passes over the skin. Treat the entire face vertically the first time, horizontally the second time.
   - Pull the skin taut – in the same direction the hand-piece is moving – as you treat in that area.
   - Slowly glide the hand-piece over the skin back and forth over the area.
   - Dust any particles off the skin.

3. retinyl enzyme treatment
   - Apply a thin layer of retinyl enzyme, avoiding the eye and lip area.
   - Leave on for 5-7 minutes. Perform Step 4 calm and balance™ hand massage at this time.
   - Use a clean, wet 4”-by- 4” non-woven gauze pad to remove.
   - Rinse.
   - Repeat rinse until the skin is no longer sticky. (Do this at least 3 times.)
4. calm and balance™ therapeutic massage oil (optional)
   • Perform hand massage during retinyl enzyme treatment.

5. argan boost serum™
   • Apply several drops of argan boost serum™ to the face, neck, shoulders and décolleté.
   • Massage face, neck, shoulders and décolleté, adding water as needed.
   • Remove serum with botana gel cleanser™ and water, and pat dry.
   • Perform extractions if needed. Rinse with water and pat dry.

6. hydra-repair mask
   • Apply a liberal amount of hydra-repair mask to entire face avoiding eye area.
   • Leave on for 10 minutes. Perform Step 7 eye-radiance K’reme™ treatment at this time.
   • Add water to fingertips and massage into a lather.
   • Rinse and remove excess with warm damp cotton towel.

7. eye-radiance K’reme™
   • Apply 1-2 pumps of eye-radiance K’reme™ to the orbital bone and undereye area.
   • Dampen cotton pads with cool water and cover eyes. Leave on for 10 minutes.

8. green tea vita-E moisturizer™
   • Avoiding the eye area apply green tea vita-E moisturizer™ to the face, neck, shoulders and décolleté.
   • Do not massage.
   • Allow to dry for 2 minutes before applying additional product.

9. eye radiance K’reme™
   • Apply thin layer to delicate eye area.

10. Finish
    • Apply thin layer of daily eclipse to face, neck, shoulders and décolleté, working very gently with hands.

**CONTRAINDICATIONS:**

• Accutane use within one or two years (assessment made by physician)
• Fitzpatrick skin types IV – VI (may create hyper-pigmentation)
• Anyone with a herpetic breakout (cold sores)
• Pregnancy or lactation
• Anyone with an infectious disease
• Open sores, suspicious lesions, or basal cell carcinoma (Always refer to a physician)
• Do not treat over semi-permanent make-up

Learn More

We want to be a partner in your practice building and financial success. Contact us today to begin developing a plan tailored to your needs, please call 610-358-4447 or visit us at www.DermaMedSolutions.com.